



Date: Sunday, April 14, 2019

Start Time: 2PM

YMCA Downtown Gadsden

Put on your favorite SUPERHERO costume and join us for the Kids Superhero Bolt. This is a KIDS ONLY (14 and under) 5k & 1 mile race through downtown Gadsden. Parents/Guardians are allowed to run with their children, but are not required to. Volunteers will line and run the course throughout the race. There will be post-race activities including inflatables, face painting, finger printing, food, and lots of great door prizes!!!

The Kids Superhero Bolt benefits the Gadsden Runners Club Youth Summer Running Program.

Cost of Entry for 5K or 1 Mile: \$15 - 1 child \$25 - 2 children \$35 - 3 children
\$40 - 4 children \$45 Max for 5 children or greater. Children must all live in the same household.
Entry fee includes t-shirt with pre-registration and all festivities, food, and fun!

Race Day Registration/Package Pick-up: 12:30PM - 1:45PM at the YMCA. Race starts at 2pm.
Awards: Each child will receive a finisher's award. Individual age group awards for 1st, 2nd, & 3rd.

Registration is available at www.runsignup.com (search Kids Superhero Bolt) or by mail.
(Each runner must have a completed form.)

Mail to: Gadsden Runners Club, P.O. Box 595, Gadsden, AL 35902-0595

Make checks payable to: Gadsden Runners Club

Questions: Email kidsrun@gadsdenrunners.com For more information visit: www.kidssuperherobolt.com

Shirt Size (please circle): YS YM YL YXL S M L XL

Shirt Deadline April 1, 2019

Official Entry Form: 5K _____ 1 Mile _____
First Name: _____ Last Name: _____
Address: _____ City: _____ State: _____ Zip: _____
Gender: Male Female DOB: _____ Age: _____
Emergency Contact Name: _____ Phone: _____
Relationship: _____ Email: _____
Who will be present during race: Name: _____
Relationship to runner: _____ Cell phone number: _____

This release must be signed by each participant or the parent/guardian of each participant: I know that running a road race is a potentially hazardous activity. I should not enter and run the Kids Superhero Bolt unless I am medically able. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all responsibilities and risks associated with running the event including but not limited to falls, contact with other participants, the effects of weather including high heat/ and or humidity, traffic and conditions of the road including death. All such risks are known and appreciated by me. Having read this waiver and knowing the risks and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release The Gadsden Runners Club, The City Of Gadsden, all volunteers, sponsors, together with their employees, contractors, subcontractors, directors, officers, agents, attorneys, representatives, and successors from all claims of liabilities of any kind or character arising from my participation in this event.

I HEARBY AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER, I HAVE READ THIS DOCUMENT, AND I UNDERSTAND ITS CONTENTS.

PRINT NAME of Parent/Guardian: _____ SIGNATURE OF Parent/Guardian: _____ DATE: _____

