



# Dasche For The Stache 5K

November 2, 2019 @ 9:00 AM



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The month of November is a time to bring awareness to men's health issues such as prostate cancer, testicular cancer, low testosterone, benign prostate hypertrophy, and ED. We invite our Mo Bros to grow moustaches for this race and our Mo Sisters and Kids are invited to draw or paste moustaches of their own. Proceeds for this race will go to the Man Up Gadsden Foundation.

- When: Saturday, November 2, 2019 at 9:00 AM.
- Where: Downtown Gadsden. Race begins and ends in front of Blackstone Pub & Eatery, 525 Broad Street
- Entry Fees: Pre-Registration - \$25. Race Day Registration- \$30 Gadsden Runners Club and Anniston Runners Club and Veterans receive a \$2 discount. Those registered by October 24<sup>th</sup> will be guaranteed a t-shirt.
- Awards: Cash prizes awarded to the top 3 overall male and female 5K participants. Prizes awarded to top 3 in age group (excluding the overall winners). Age groupings are by 5 year increments.
- Post-Race: Post-race party hosted by Blackstone Pub & Eatery. **Beer will be served at post-race party.**
- Other Info: Walkers and strollers are welcome.

## Dasche For the Stache Registration Form

Return with entry fee payable to Gadsden Runners Club

PO Box 595, Gadsden AL 35902



Name: \_\_\_\_\_ Gender (circle one): Male Female  
 Birthdate \_\_\_\_\_ Age on Race Day: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Shirt Size: (Circle One) YL YXL S M L XL 2XL 3XL  
 Amount: \_\_\_\_\_

GRC Member: \_\_\_\_\_  
 ARC Member: \_\_\_\_\_  
 Sponsor: \_\_\_\_\_

### Waiver

This release must be signed by each participant or the parent/guardian of each participant: I know that running a road race is a potentially hazardous activity. I should not enter and run The Dasche for the Stache unless I am medically able. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all responsibilities and risks associated with running the event including but not limited to falls, contact with other participants, the effects of weather including high heat/and or humidity, traffic and conditions of the road including death. All such risks are known and appreciated by me. Having read this waiver and knowing the risks and in considerations of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive, and release The Gadsden Runners Club, Blackstone Pub & Eatery and Clinical Urology Associates, all volunteers, sponsors, together with their employees, contractors, subcontractors, directors, officers, agents, attorneys, representatives, and successors from all claims of liabilities of any kind or character arising from my participation in this event.

I HEARBY CONFIRM THAT I AM EIGHTEEN YEARS OF AGE OR OLDER, I HAVE READ THIS DOCUMENT, AND I UNDERSTAND ITS CONTENTS.

PRINT NAME: \_\_\_\_\_ SIGNATURE OF APPLICANT: \_\_\_\_\_ DATE: \_\_\_\_\_

(IF UNDER EIGHTEEN)

PRINT NAME OF PARENT/GUARDIAN: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_ DATE: \_\_\_\_\_

More Info: [www.dascheforthestache.com](http://www.dascheforthestache.com)

Questions? Email: [dasche5K@gmail.com](mailto:dasche5K@gmail.com)